Basic First Aid Test

Multiple Choice

1. A child takes a breath every _____ seconds.
   a. 5
   b. 8
   c. 3
   d. 10
   
   ANS: A

2. To check to see if a person is breathing, place your ear next to the person’s mouth and look, listen and feel for signs of breath.
   a. True
   b. False
   
   ANS: A

3. Soft body tissue is:
   a. The fatty tissue in the body
   b. The muscle tissue in the body.
   c. Anything that is not boney tissue.
   d. The special organs of the body.
   
   ANS: C

4. Most bleeding will stop all by itself within minutes.
   a. True
   b. False
   
   ANS: A

5. Direct pressure can be used to cut down bleeding from both open and closed wounds
   a. True
   b. False
   
   ANS: A

6. Injuries to the mouth, may cause breathing problems.
   a. True
   b. False
   
   ANS: A

7. To cool a minor burn, you should not flush with water.
   a. True
   b. False
   
   ANS: B
8. A victim with very serious third degree burns may have little or no pain.
a. True
b. False
ANS: A

9. What treatment is correct for snake bite?
   A. Pack in ice to localize the poison.
   B. Cut and suction the poison out
   C. Transport to a medical facility
   D. All of the above
   
   ANS: C

10. A bruise is defined as bleeding under the skin
    a. True
    b. False
    
    ANS: A

11. Shock can be caused by:
    a. A significant loss of blood
    b. A significant loss of body fluids
    c. Blood vessels that lose their ability to regulate blood flow
    d. All of the above
    
    ANS: D

12. Injuries to the joints are:
    a. Sprains
    b. Strains
    
    ANS: A

13. To treat a minor dog bite you should:
    a. Wash with soap and water
    b. Bandage the wound tightly to prevent infection
    c. Capture the animal dead or alive
    d. Get medical help immediately before treatment
    
    ANS: A

14. An open wound CAN occur when a broken bone tears through the skin.
    a. True
    b. False
    
    ANS: A

15. Anyone bitten by any animal at any time may be infected with rabies.
a. True  
b. False

ANS: A

16. If chemical poisons get on the skin, you should  
a. Flush with water until medical help arrives  
b. Brush the chemical from the skin if water is not available  
c. Remove the chemical from the body being careful not get the chemical in the eyes or on any bystanders.  
d. All of these.

ANS: D

17. An allergic reaction to an insect bite or sting may cause a breathing emergency.  
a. True  
b. False

ANS: A

18. If applied pressure does not stop the bleeding, you should:  
a. Apply a tourniquet immediately  
b. Apply pressure at a pressure point between the wound and the heart.  
c. Apply pressure at a pressure point between the wound and closest extremity  
d. Remove all blood soaked dressings, re-bandage and elevate.

ANS: B

19. If a person has inhaled toxic fumes their skin is usually bright red due to the lack of oxygen.  
a. True  
b. False

ANS: B

20. When covering a sucking chest wound with a dressing, leave one corner of the dressing loose. Why?  
a. Too allow the exhaled air to escape and inhaled air into the lungs  
b. To keep an eye on the progress of wound

ANS: A